

**LIVING YOUR BEST WITH EARLY-STAGE  
ALZHEIMERS: AN ESSENTIAL GUIDE**

Daniel Lichtman

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Recent medical advances have made it possible to diagnose Alzheimer's when symptoms are only mild. New drugs are under investigation to help slow.

8 pg. quarterly for FREE by email or by surface mail for a \$ donation. Living Your Best with Early-Stage Alzheimer's - An Essential Guide by Lisa Snyder.

Living Your Best with Early-Stage Alzheimer's: An Essential Guide offers the person who is living with Alzheimer's a practical guide on coping with the diagnosis.

Provides a thorough, practical guide on coping with the diagnosis, managing symptoms, finding meaningful activity, planning for the future.

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